

Evangeline Benedetti, Curriculum Vitae

cellist, teacher of cello and the Alexander Technique

Professional Profile: Evangeline Benedetti, a member of the prestigious New York Philharmonic for more than 40 years is widely recognized as a performer, educator, clinician and teacher of the cello and the Alexander Technique using her Cello, Bow, and You approach.. Her innovative methods focus on achieving efficient movement for musical results.

Select Performances

- Nearly 8000 concerts with the New York Philharmonic 1967-2011
- Nearly 70 chamber music performances with esteemed colleagues including Efim Bronfom, Stanley Drucker, Phillip Smith and Vladimir Feltsman in leading world concert venues
- New York City Solo Recital Debut with Samuel Sanders, Carnegie Recital Hall
- Chamber Music Recital with Stanley Drucker, Serena Benedetti and Kiyoshi Tamagawa, Weill Recital Hall, Carnegie Hall
- Command chamber music performance for the Crown Prince and Princess of Japan

Education and Certifications

- Bachelor of Music, Manhattan School of Music 1962
- Master of Music, Manhattan School of Music 1964
- Certified Teacher, Matthews School for the Alexander Technique
American Society for the Alexander Technique 1991

Applied Teaching

- Ball State University, studio cello 1965-1967
- Manhattan School of Music, studio cello 1970-1991
- University of Melbourne, teaching residency 2011
- Tournesol Wellness, Alexander Technique 2013-present
- Private Applied Cello 1964-present
- Private Applied Alexander Technique 1991-present

Selected Masterclasses and Festival Teaching

- The Juilliard School
- Manhattan School of Music
- Mannes, The New School for Music
- iClassical Academy
- San Diego Symphony
- BodyChance, Tokyo and Kyoto, Japan
- Shanghai, China
- Music Conservatory of North Korea, Pyongyang
- Strings by the Sea
- Winter Harbor Music Festival

Clinics, Presentations and Panel Discussions

- Tournesol Wellness, guest panelist, Alexander Technique, October 2014
- American Society for the Alexander Technique Annual Conference, June 2014
- International Congress of the Alexander Technique, 2008
- Violoncello Society of New York

Awards

- Manhattan School of Music Faculty Service Award
- National Foundation for Advancement in the Arts Teacher Recognition Award

Acclaim

- *New York Times*: compared her approach to playing as “strikingly similar to Casals”; praised her “technical capacity”, her “big, vibrant tone” and her “enormous communicativeness.”

Selected Press and Interviews

- *New York Times*: [Inside the Music: A Cellist’s Perspective](#)
- *Polyphonic.org*: [The Universal Language: Evangeline Benedetti Puts It All in Perspective](#)
- *Bodylearning.com*: [Mind, Movement and Music: Teaching the Alexander Technique to Orchestra Musicians](#)
- *Persimmontree.org*: [The True Story of a Symphony Player and the Time She Broke Through the Glass Ceiling](#)

Publications

- *Cello, Bow, and You: Putting It All Together*, Oxford University Press, 2017
- “A Workshop for and about Musicians,” *The Congress Papers: 8th International Congress of the F.M. Alexander Technique*, STAT Books, 2009.
- “Playing in a Symphony,” *Directions Journal*, Vol.1, #8, 1991

Recordings

- Countless sound, video and television recordings over 40+ years with the New York Philharmonic on major classical recording labels
- Prokofiev & Shostakovich: Sonatas for Cello and Piano, Evangeline Benedetti and Pedja Muzijevic, MRS Classics
- [“Musical Jewels” series of instructional videos](#) for iClassical Academy

Selected Conductors and Leading Soloists with the New York Philharmonic

- Conductors: Leonard Bernstein, George Szell, Pierre Boulez, Zubin Mehta, Kurt Masur, Lorin Maazel and Alan Gilbert
- Leading Soloists with the New York Philharmonic: Artur Rubenstein, Vladimir Horowitz, Isaac Stern, David Oistrakh, Mstislav Rostropovich, Emanuel Ax, Yefim Bronfman, Itzhak Perlman, Yo Yo Ma, Luciano Pavarotti, and Joan Sutherland

Service

- Bloomingdale School of Music, Board of Directors
- The Violoncello Society of New York, Past President and Board of Directors
- Opus 118, Board of Directors

Affiliations

- American Association of String Teachers
- Violoncello Society of New York
- International Conference of Orchestra and Opera Musicians
- American Federations of Musicians
- American Society of Teacher’s of the Alexander Technique